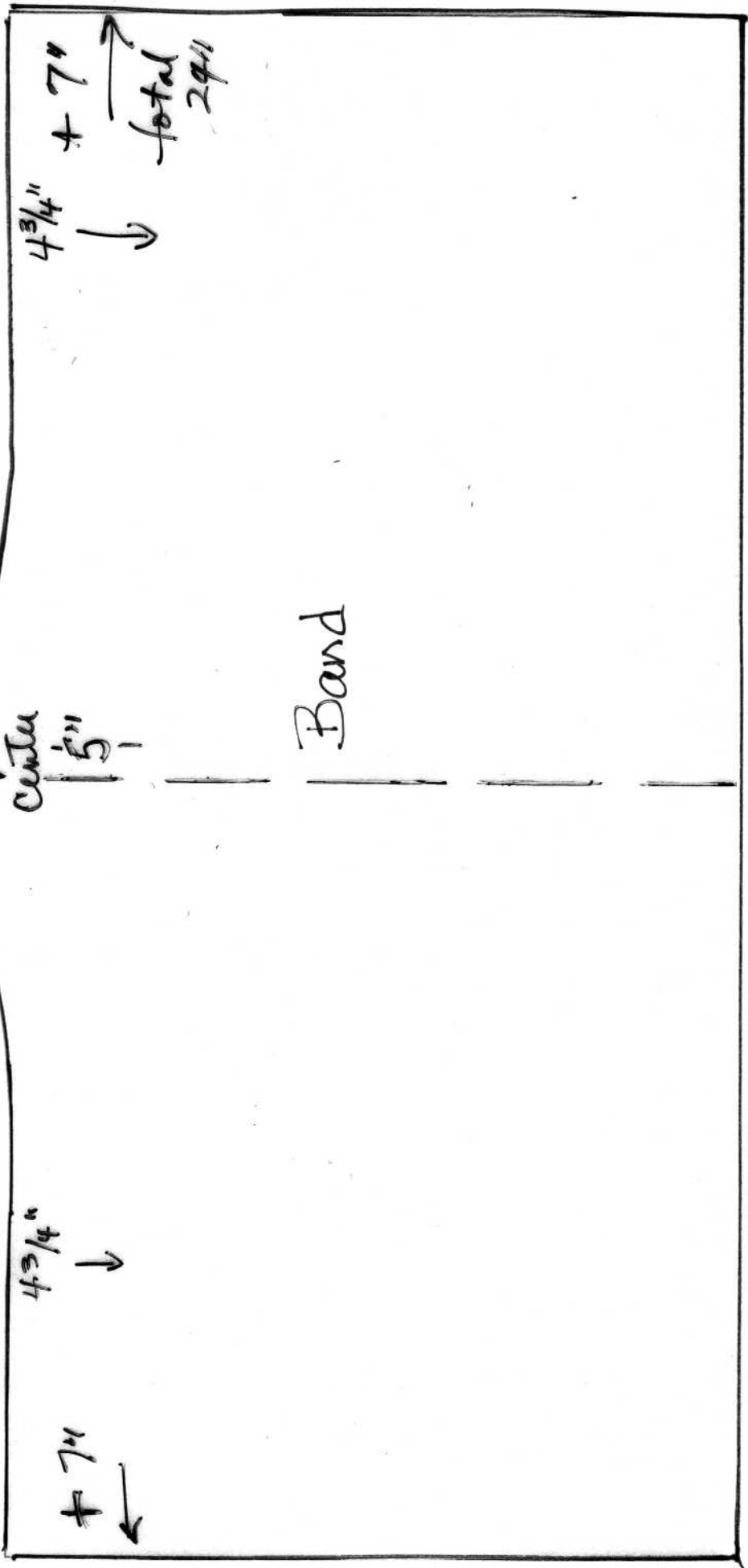


## Scrub Cap Directions

- Cut out 2 pattern pieces. If you are going to make a lot of the caps then you might want to make plastic templates from these pattern pieces.
- Cut full strip (selvedge to selvedge) 5" wide for cap band. Cut band piece to 24" long.
- Fold band in half so piece measures 12" x 5". Take pattern piece and place the center mark on the fold of band and trace. Cut piece out.
- Cut full strip (selvedge to selvedge) 7 ½" wide for cap top – can be the same fabric or coordinating fabric.
- Place cap top pattern on fabric and trace and cut.
- Take cap band piece and fold ¼" on straight edge then sew down. Fold and sew the 2 side edges ¼" also.
- Cut ribbon piece 36". Add ribbon to cap band on straight edge leaving 9" hanging free off each end. Sew down with zig zag or down both edges with straight stitch.
- Fold band and mark center with pin do the same with the cap top.
- Place cap top on headband RST matching center pins.
- Pin around curve; sew gentle curve from center to end and repeat on other side.
- Zig zag or serge the inside seam.

Scrub cap is now finished.



center

Band

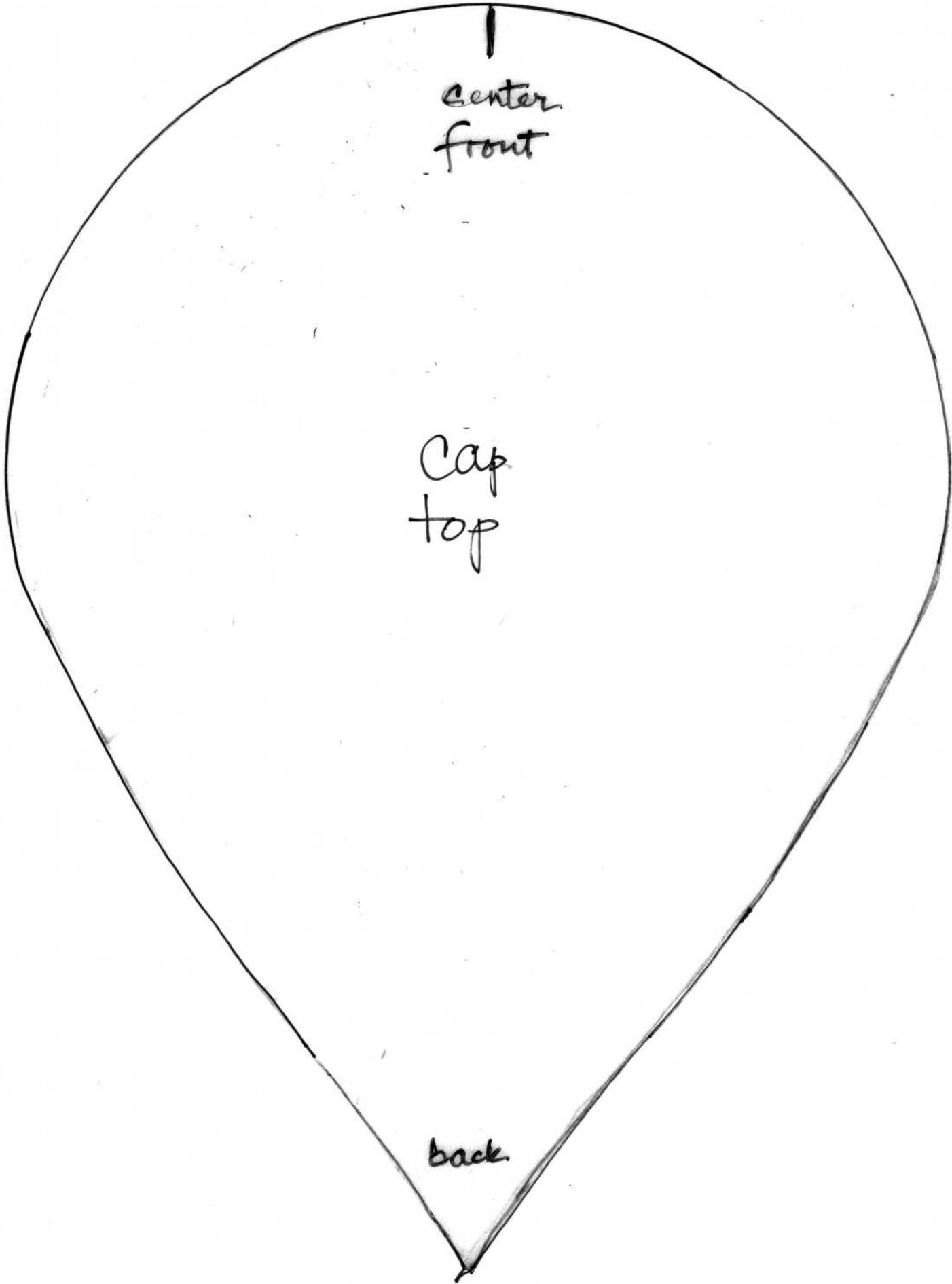
4 3/4"

4 3/4"

4 3/4"

total  
29 1/4"

5"



center  
front

Cap  
top

back